

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019

West Park Health Centre's Activity Calendar



9:30 Calendar Delivery **1**
 10:00 St. Patrick Day Crafts (1 & 2)
 11:00 1:1 visits & Montessori
2:00 Pot of Gold Craft
 3:00 St. Patrick's Day Floor Décor (1 & 2)
 6:30 1:1 visits & Montessori

10:00 Bingo (B) 2
 11:00 1:1 visits & Montessori
2:00 Musical Entertainment with Brad Boland!! (2)
3:00 Chocolate & Cheese
 6:30 1:1 visits & Montessori
 Chocolate & Cheese Day!

10:15 Central Community Church (CH) **3**
 10:15 1:1 visits & Montessori
 11:00 Catholic Communion
2:00 Crafter's Corner (B)
 3:00 Penny in the Pot (1)
 3:00 Penny Toss (2)
 6:30 1:1 & Montessori

10:30 Elim Christian Fellowship (CH) **4**
 11:00 1:1 visits & Montessori
2:00 Piano Jazz with Steve!
 3:00 Spring Collages (1)
 3:00 Tabletop Hopscotch (2)
 6:30 1:1 visits & Montessori

10:00 Mardi Gras Necklaces **5**
 10:00 Manicures (2)
 11:00 1:1 visits & Montessori
2:00 Rainbow Chip Cookies
3:00 Mardi Gras Social! (B)
 6:30 1:1 visits & Montessori
 Mardi Gras

10:30 Catholic Rosary Service (CH) **6**
 11:00 1:1 visits & Montessori
2:00 Men's Club
 3:00 Connect 4 Tourny (1)
 3:00 Junk Drawer Detective
 6:30 1:1 visits & Montessori
 Ash Wednesday

10:00 Scramble Puzzles (1) **7**
 10:00 Horse Racing (2)
 11:00 1:1 visits & Montessori
2:00 Tai Chi w/ Dan (1)
3:00 Music Memories "YouTube" (1)
 6:30 1:1 visits & Montessori

10:00 Women's History (B) 8
 11:00 1:1 visits & Montessori
2:00 Afternoon Matinee (B)
 3:00 Lukes Tournament (1)
 3:00 Pictionary game (2)
 6:30 1:1 visits & Montessori
 International Women's Day

10:00 Bingo (B) 9
 11:00 1:1 visits & Montessori
2:00 Baker's Club
 3:00 Feel & Fold (1)
 3:00 Niagara News
 6:30 1:1 visits & Montessori

10:15 Central Community Church (CH) **10**
 10:15 1:1 visits & Montessori
 11:00 Catholic Communion
2:00 Irish Crafts (B)
3:00 St. Paddy's Painting (B)
 6:30 1:1 & Montessori
 Daylight Saving Time Begins

10:30 Elim Christian Fellowship (CH) **11**
 11:00 1:1 visits & Montessori
2:00 Piano Jazz with Steve!
 3:00 Knitting Club (1)
 3:00 Watercolour Painting (2)
 6:30 1:1 visits & Montessori

10:00 Shamrock Bingo 12
 11:00 1:1 visits & Montessori
2:00 Baker's Club - 'Cinnamon Crinkles'
 3:00 20 Clues (1)
 3:00 Travelogue - Search of Heidi
 6:30 1:1 visits & Montessori

10:30 Catholic Rosary Service (CH) **13**
 11:00 1:1 visits & Montessori
2:00 Bowling Alley Tourney
 3:00 Critter Toss (1)
 3:00 Puzzles & Crosswords
 6:30 1:1 visits & Montessori

10:00 Star of the Month (1) **14**
 10:00 Connect 4 (2)
 11:00 1:1 visits & Montessori
2:00 Heartbeats Club (1)
3:00 Music Memories "YouTube" (1)
 6:30 1:1 visits & Montessori

10:00 Feel & Fold (1 & 2) **15**
 11:00 1:1 visits & Montessori
2:00 Musical Entertainment with Tristan! (1)
3:00 Monthly B-Day Party! (1)
 6:30 1:1 visits & Montessori

10:00 Bingo (B) 16
 11:00 1:1 visits & Montessori
2:00 Making Shamrocks
 3:00 Balloon Badminton (1)
 3:00 Dice (2)
 6:30 1:1 visits & Montessori

10:15 Central Community Church (CH) **17**
 10:15 1:1 visits & Montessori
 11:00 Catholic Communion
2:00 Crafter's Corner (B)
 3:00 Strange News (1 & 2)
 6:30 1:1 & Montessori
 St. Patrick's Day

10:30 Elim Christian Fellowship (CH) **18**
 11:00 1:1 visits & Montessori
2:00 Piano Jazz with Steve!
 2:00 Resident Council (B)
 3:15 Brain Busters (1 & 2)
 6:30 1:1 visits & Montessori

10:00 Bingo 19
 11:00 1:1 visits & Montessori
2:00 Spa Day (B)
 3:00 Mini Putt (1)
 3:00 Bocci Ball (2)
 6:30 1:1 visits & Montessori

10:30 Catholic Rosary Service (CH) **20**
 11:00 1:1 visits & Montessori
2:00 Spring Welcoming! (B)
3:00 Spring Crafts (B)
 6:30 1:1 visits & Montessori
 Spring Begins

10:00 M&M Games (1) **21**
 10:00 Name that Tune (2)
 11:00 1:1 visits & Montessori
2:00 Tai Chi w/ Dan (1)
3:00 Music Memories "YouTube" (1)
 6:30 1:1 visits & Montessori
 Purim

10:00 Music & Movement 22
 11:00 1:1 visits & Montessori
2:00 Memorial Service
 3:00 Baby Animals (1)
 3:00 Daily Chronicles (2)
 6:30 1:1 visits & Montessori

10:00 Bingo (B) 23
 11:00 1:1 visits & Montessori
2:00 Baker's Club
 3:00 'Bored' Games (1)
 3:00 Music Memories
 "YouTube" (2)
 6:30 1:1 visits & Montessori

10:15 Central Community Church (CH) **24**
 10:15 1:1 visits & Montessori
 11:00 Catholic Communion
2:00 Crafter's Corner (B)
3:00 Afternoon Matinee (B)
 6:30 1:1 & Montessori

10:30 Elim Christian Fellowship (CH) **25**
 11:00 1:1 visits & Montessori
2:00 Piano Jazz with Steve!
 3:15 Knitting Club (1)
 3:15 Tabletop Hopscotch (2)
 6:30 1:1 visits & Montessori

10:00 Bingo 26
 11:00 1:1 visits & Montessori
2:00 Musical Entertainment with David Burton!
 3:00 Not-Quite-Jeopardy (1)
 3:00 Daily Chronicles (2)
 6:30 1:1 visits & Montessori

10:30 Catholic Rosary Service (CH) **27**
 11:00 1:1 visits & Montessori
2:00 This Year So Far (B)
 3:00 'Connect 4' paper edition
 3:00 Ring Toss (2)
 6:30 1:1 visits & Montessori

10:00 Word Games (1 & 2) **28**
 11:00 1:1 visits & Montessori
2:00 Heartbeats Club (1)
3:00 Music Memories "YouTube" (1)
 6:30 1:1 visits & Montessori

10:00 Crosswords (1 & 2) **29**
 11:00 1:1 visits & Montessori
2:00 Making a Flower Garden (B)
 3:00 Snakes & Ladders (1)
 3:00 Putt Putt
 6:30 1:1 visits & Montessori

10:00 Bingo (B) 30
 11:00 1:1 visits & Montessori
2:00 Sentimental Sing-Along (B)
 3:00 Hand Massages (B)
 3:00 Manicures (B)
 6:30 1:1 visits & Montessori

10:15 Central Community Church (CH) **31**
 10:15 1:1 visits & Montessori
 11:00 Catholic Communion
2:00 Crafter's Corner (B)
 3:00 Coupon Clippers (1)
 3:00 Charades (2)
 6:30 1:1 & Montessori



Legend: (1) = 1st floor; (2) = 2nd floor; CH = spiritual area; B = basement