

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 Central Community Church 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Crosswords & Puzzles (1) 3:00 Lukes (2) 6:30 iPad Visits	10:30 Elim Christian Fellowship (CH) 11:00 1:1 visits & Montessori 2:00 Patio Chats (1 & 2) 3:00 Horseshoes (1) 3:00 Spa Day (2-B) <small>Labor Day</small>	10:00 Who am I? (1) 10:00 Trivia (2) 11:00 1:1 visits & Montessori 2:00 Flash Bingo (B) 3:00 Creepy Critters (1) 3:00 Hard targets (2)	10:30 Catholic Rosary Service (CH) 10:30 1:1 visits & Montessori 2:00 Board Games (1) 2:00 Balloon Badminton (2) 3:00 YouTube Puppies (1) 3:00 Doll Therapy (2) 6:45 Baking Cookies (1)	10:00 Pictionary (1) 10:00 Balloon Toss (2) 11:00 Courtyard Outing 12:00 BBQ Lunch 2:00 Tai Chi with Dan (1) 3:00 Music & Memories (1 & 2) 6:45 Music Therapy (2)	10:00 Crafter's Corner (1) 10:00 Twister Toss (2) 11:00 1:1 visits & Montessori 2:00 Elvis is in the House - Music with Ed-E-King! (B) 3:00 Puzzles (1) 3:00 Bowling Dice Game (2)	10:00 Bingo! (B) 11:00 1:1 visits & Montessori 2:00 Psychic Phenomenon (1) 2:00 Humour Therapy – Funny Animal Videos (2) 3:00 Balloon Games (1) 3:00 Brain Busters (2)
10:15 Central Community Church 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Outside Social © 3:00 Short Stories (1) 3:00 Art Colouring (2)	10:30 Elim Christian Fellowship (CH) 11:00 1:1 visits & Montessori 2:00 Spa Day – Hand Massages (1) 2:00 Piano Playing with Steve (2-B) 3:00 Lukes (1) 3:00 Name that Tune (2)	10:00 Hangman (1) 10:00 Name 5 (2) 11:00 1:1 visits & Montessori 11:00 Stronger U Exercise (1) 2:00 Flash Bingo (B) 3:00 Penny Toss (1) 3:00 Lukes (2) 6:45 Montessori Activities(2)	10:30 Catholic Rosary Service (CH) 10:30 1:1 visits & Montessori 2:00 Knitting Club (1) 2:00 Cards (2) 3:00 Baggo Games (1) 3:00 Outdoor Strolls (2)	10:00 Word Search Puzzles 10:00 Feel & Fold (2) 11:00 Courtyard Outing 12:00 BBQ Lunch 2:00 Tai Chi with Dan (1) 2:00 Great Canadian Parks (2) 3:00 Music & Memories (1 & 2) 6:45 Music Therapy (2)	10:00 Odd News (1) 10:00 Short Stories (2) 11:00 1:1 visits & Montessori 2:00 Bowling Tourney (B) 3:00 Walk Around the Block (O) 6:45 Outdoor 1:1 Visits	10:00 Bingo! (B) 11:00 1:1 visits & Montessori 2:00 Daily Chronicles (1) 3:00 Movie Matinee (1 & 2) 6:45 Crafter's Corner with Katrina (1)
10:15 Central Community Church 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Twenty Questions (1) 3:00 Wii Bowling (1) 6:30 Pet Visits with Katrina & Cleo!	10:30 Elim Christian Fellowship (CH) 11:00 1:1 visits & Montessori 2:00 Trivia (1) 2:00 Hole in One (2) 3:00 Crossword (1) 3:00 Junk Drawer Detective (2)	10:00 Charades (1) 10:00 Name that Tune (2) 11:00 1:1 visits & Montessori 11:00 Stronger U Exercise (1) 2:00 Music Entertainment with David Burton!! (2) 3:00 Creating Crystal Shapes (1 & 2)	10:30 Catholic Rosary Service (CH) 10:30 1:1 visits & Montessori 2:00 Men's Club (1-B) 2:00 Card Games (2) 3:00 BlackJack (2) 3:00 Ladies Circle (2-B) 6:45 Tape Painting "Craft"	10:00 Horse Racing (2) 11:00 1:1 visits & Montessori 2:00 Tai Chi with Dan (1) 3:00 Music & Memories (1 & 2) 6:45 Movie & Popcorn Night	10:00 Balloon Badminton (B) 11:00 1:1 visits & Montessori 2:00 Monthly Birthday Party!!! (B) 3:00 Weird & Funny News Headings (1) 3:00 Chicken Soup for the Soul - Stories (2) 6:45 Outdoor 1:1 Visits	10:00 Bingo! (B) 11:00 1:1 visits & Montessori 2:00 Autumn Crafts (1 & 2) 3:00 Outdoor Strolls (1 & 2) 6:45 Crafter's Corner with Katrina (1) <small>Oktoberfest Begins</small>
10:15 Central Community Church 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Hole in One Tourney (B) 3:00 Movie Matinee (1 & 2)	10:30 Elim Christian Fellowship (CH) 11:00 1:1 visits & Montessori 2:00 Tea & Crumpets (1-B) 3:00 Spa Day – Manicures (1) <small>Autumn Begins</small>	10:00 Card Game – "Paired Up" (1) 10:00 Brain Busters (2) 11:00 1:1 visits & Montessori 11:00 Stronger U Exercise (1) 2:00 Flash Bingo (B) 3:00 Balloon Painting (1 & 2) 6:45 Spa Evening – Manicures (1 & 2)	10:30 Catholic Rosary Service (CH) 10:30 1:1 visits & Montessori 2:00 Knitting Club (1) 2:00 Men's Club (2-B) 3:00 Ladies Circle (1-B) 3:00 Baking with Tom (2-B)	10:00 Humour Therapy – Funny Animal Videos (1) 10:00 Travelogue to British Columbia (2) 11:00 1:1 visits & Montessori 2:00 Tai Chi with Dan (1) 3:00 Music & Memories (1 & 2)	10:00 Morning Walk Around the Block (1 & 2) 11:00 1:1 visits & Montessori 2:00 Music Entertainment with Bonnie James! (1) 3:00 Interesting Facts about Autumn (1) 3:00 Lukes (2) 6:45 Balloon Toss (2)	10:00 Bingo! (B) 11:00 1:1 visits & Montessori 2:00 Not Quite Jeopardy (1) 2:00 Brain Game (2) 3:00 Outdoor Strolls (1 & 2) 6:45 Blackjack (1)
10:15 Central Community Church 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Yahtzee (1) 3:00 Autumn Crafting (1) 6:30 Pet Visits with Katrina & Cleo!	10:30 Elim Christian Fellowship (CH) 11:00 1:1 visits & Montessori 2:00 Autumn Decorating (1 & 2) 3:00 What is Rosh Hashanah? (B) <small>Rosh Hashanah (first Day)</small>					

West Park Health Centre - Program Calendar

Legend: (1) = 1st floor; (2) = 2nd floor; CH = spiritual area; B = basement; © = Courtyard; O = Outdoors