

Sunday

Monday












Tuesday

Wednesday

Thursday

Friday

Saturday

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|--|--|--|--|--|---|---|
|  | <p>9:30 - Coffee Chats (1&2) 1 10 am – New Calendar & Newsletter Delivery 11 am – All Saints Day Arts Activity (1&2) 2 pm – DROM (1) 2:30 p.m. DROM (2) 3 pm – Hallway Bowling (1&2)</p> | <p>9:30 - Coffee Chats (1&2) 2 10 am – Short Stories (2) 11 am – Luke’s (1) 2 pm – Music & Memories (1) 3 pm – Music & Memories (2)</p> | <p>9:30 am – Coffee Chats (1&2) 3 10 am – Daily Chronicles (2) 11 am – Family Feud (1) 2 pm – Bingo (1) 3 pm – Bingo (2)</p> | <p>Diwali 4 9:30 am - Coffee Chats (1&2) 10 am – Junk Drawer Detective (1) 11 am – Junk Drawer Detective (2) 2 pm – Art Club with Ashely 3 pm – Name that Tune (2) 6 – 8 – Neighborhood Time</p> | <p>"Bee" Kind Day 5 9:30 am - Coffee Chats (1&2) 10 am – Coffee Chats 11 am – Kindness Rocks (1) 2 pm – Laughter Yoga (1 & 2) 3 pm – Reminiscing (2)</p> | <p>World Chili Day 6 9:30 am - Coffee Chats (1&2) 10 am – Black Bean Chili Crock Pot Creation (1) 11 am – Crafts (2) 1 pm – Family Council 2 pm – Chili Rolling Cart (1&2) 3 pm – Bingo (1&2) 6 – 8 – Neighborhood Time</p>  |
| <p>"Fall Back" Day 7 9:30 - Coffee Chats (1&2) 10:30 – Central Church Live (1) 11 am – Movie Matinee (1&2) 2 pm – Room Visits 3 pm – Hymn Sing (1&2) 6 – 8 – Neighborhood Time</p> <p><small>Daylight Saving Time Ends</small></p> | <p>9:30 am - Coffee Chats (1&2) 8 10 am – Room Visits (1&2) 11 am – Growing Gratitude (1&2) 2 pm – Brain Busters (1&2) 3 pm – Balloon Volleyball (1&2) 6 – 8 – Neighborhood Time</p> | <p>9:30 am - Coffee Chats (1&2) 9 10:30 am – Brad Boland (2) 2 pm – Spa Cart (1&2) 3 pm – Short Stories (1&2)</p> | <p>9:30 am - Coffee Chats (1&2) 10 10 am – Poppy Craft (2) 11 am – Remembering our Heros Discussion Group (1) 2 pm – Poppy Craft (2) 3 pm – Bingo (1&2) 6 – 8 pm – Neighborhood Time</p>  | <p>9:30 am - Coffee Chats (1&2) 11 10 am – Remembrance Day Discussion (2) 11 am – Remembrance Day, Lest We Forget 2 pm – DROM (1) 2:30 – DROM (2) 3 pm – Music and Memory (2) 6 – 8 pm – Neighborhood Time</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p> | <p>9:30 am - Coffee Chats (1&2) 12 10 am – Holiday Baking (1) 11 am – Holiday Baking (2) 2 pm –Deck the Halls - Holliday Decorating (1&2) 3 pm – No Falls Friday Exercise (1&2) 6 – 8 – Neighborhood Time</p>  | <p>World Kindness Day 13 9:30 am - Coffee Chats (1&2) 10 am – Kindness Rocks (2) 11 am – Kindness Rocks (1) 2 pm – Bingo (1) 3 pm – Bingo (2)</p>  |
| <p>9:30 - Coffee Chats (1&2) 14 10:30 – Central Church Live (1) 10-12 pm - Deck the Halls - Holliday Decorating (1&2) 11 am – Movie Matinee (1&2) 2 pm – Hymn Sing (1) 3 pm – Hymn Sing (2)</p> | <p>9:30 am - Coffee Chats (1&2) 15 10 am – Crafters (1) 11 am – Crafts (2) 2 pm – Resident's Council (1) 2 pm - DROM (1) 2:30 – DROM (2) 3 pm – Music and Memory (1&2) 6 – 8 pm – Neighborhood Time</p> | <p>9:30 am - Coffee Chats (1&2) 16 10 am – Brain Busters (1) 11 am – Brain Busters (2) 2 pm – Spa Cart (1&2) 3 pm – Hallway Bowling (1&2) 6 – 8 pm – Neighborhood Time</p> | <p>9:30 am - Coffee Chats (1&2) 17 10 am – Daily Chronicles (2) 11 am – Family Feud (1) 2 pm – Room Visits (1&2) 3 pm – Bingo (1&2) 6 – 8 pm – Neighborhood Time</p>  | <p>9:30 am - Coffee Chats (1&2) 18 10 am – Holiday Baking (2) 11 am – Junk Drawer Detective (2) 2 pm – Holiday Baking (1) 3 pm – Name that Tune (2) 6 – 8 pm – Neighborhood Time</p> | <p>1 pm – Room Visits (1&2) 19 2 pm – Reminiscing (2) 3 pm – No Falls Friday Exercise 6 – 8 pm – Neighborhood Time</p> | <p>9:30 am - Coffee Chats (1&2) 20 10 am – Crockpot Creations (1) 11 am – Baking Program (2) 2 pm – Hot Chocolate Rolling Cart (1&2) 3 pm – Bingo (1&2) 6 – 8 pm – Neighborhood Time</p>  |
| <p>9:30 - Coffee Chats (1&2) 21 10:30 – Central Church Live (1) 11 am – Movie Matinee (1&2) 2 pm – Hymn Sing (1 & 2) 3 pm – This week in History (1&2) 6 – 8 pm – Neighborhood Time</p> | <p>9:30 am - Coffee Chats (1&2) 22 10 am – Room Visits (1&2) 11 am – Growing Gratitude (1&2) 2 pm – Brain Busters (1&2) 3 pm – Balloon Volleyball (1&2) 6 – 8 – Neighborhood Time</p> | <p>9:30 am - Coffee Chats (1&2) 23 10:30 am – Brad Boland (2) 2 pm – Spa Cart (1&2) 3 pm – Short Stories (1&2)</p> | <p>9:30 am - Coffee Chats (1&2) 24 10 am – Daily Chronicles (2) 11 am – Family Feud (1) 2 pm – Room Visits (1&2) 3 pm – Bingo (1&2) 6 – 8 pm – Neighborhood Time</p>  | <p>9:30 am - Coffee Chats (1&2) 25 10 am – Junk Drawer Detective (1) 11 am – Junk Drawer Detective (2) 2 pm – DROM (1) 2:30 – DROM (2) 3 pm – Music and Memory (2) 6 – 8 pm – Neighborhood Time</p> <p><small>Thanksgiving Day</small></p> | <p>9:30 am - Coffee Chats (1&2) 26 10 am – Room Visits (1&2) 11 am – Kindness Rocks (2) 2 pm – Laughter Yoga (1&2) 3 pm – Reminiscing (1&2) 6 – 8 – Neighborhood Time</p>  | <p>9:30 am - Coffee Chats (1&2) 27 10 am – Mr. Christie Cookies (1) 11 am – Movie Matinee (1&2) 2 pm – Bingo (1) 3 pm – Bingo (2)</p>  |
| <p>Advent Season Begins 28 9:30 - Coffee Chats (1&2) 10 am – Mr. Christie Cookies 10:30 – Central Church Live (1) 11 am – Movie Matinee (1&2) 2 pm – Hymn Sing (1) 3 pm – Hymn Sing (2)</p> <p><small>Hanukkah Begins</small></p> | <p>9:30 am - Coffee Chats (1&2) 29 10 am – Crafters (1) 11 am – Crafts (2) 2 pm - DROM (1) 2:30 – DROM (2) 3 pm – Music and Memory (1&2) 6 – 8 pm – Neighborhood Time</p> | <p>9:30 am - Coffee Chats (1&2) 30 10 am – Brain Busters (2) 11 am – Family Feud (1) 2 pm – November Birthday Rolling Cart (1&2) 3 pm – Hallway Bowling 6 – 8 pm – Neighborhood Time</p> | <h1>November 2021</h1> <p>West Park Health Centre</p> | | |  |